

Excited

ENERGY 95



Little Jörö · small Tibetan spaniel · 1/6

Zoomies

Heart racing, tail wagging. Whoosh!

Check the battery

Breaks, snacks and rest recharge.

Buddy: Uncle

★ Little Jörö · Feelings

Happy

ENERGY 80



Little Jörö · small Tibetan spaniel · 2/6

Present-mountain jump

A warm, bubbly feeling that makes you jump.

Share the joy

Talk about what happened.

Buddy: Friends

★ Little Jörö · Feelings

Tired

ENERGY 10



Little Jörö · small Tibetan spaniel · 3/6

Empty battery

The battery runs low and the eyes start to close.

Check the battery

Breaks, snacks and rest recharge.

Buddy: Mummo

★ Little Jörö · Feelings

Grumpy

ENERGY 25



Little Jörö · small Tibetan spaniel · 4/6

Horn hair

The hair stands up like horns.

Breathe

In and count to four, a long “pew” out.

Buddy: Ledi

★ Little Jörö · Feelings

Relaxed

ENERGY 60



Little Jörö · small Tibetan spaniel · 5/6

Pew breath

Breathe in and count to four. The body relaxes.

Breathe

In and count to four, a long “pew” out.

Buddy: Ledi

★ Little Jörö · Feelings

Calm

ENERGY 100



Little Jörö · small Tibetan spaniel · 6/6

Flower on top

The horns melt and a flower pops up.

Share the joy

Talk about what happened.

Buddy: Mummo

★ Little Jörö · Feelings